

Allergy, Asthma & Anaphylaxis Emergency Care Form

Must be completed by a physician and signed by **BOTH** a physician and guardian.

Child's Name: _____

D.O.B. _____

Allergic to: _____

Asthma: Yes (Higher risk for severe reaction)

No

Note: Do not depend on antihistamines or inhalers (bronchodilators) to treat severe allergic reactions. USE EPINEPHRINE.

Special Situation-If this box is checked, the child has an extremely severe allergy to the following.

Even if the child has MILD symptoms after exposure to the allergen, give Epinephrine immediately.

For **ANY** of the following

SEVERE SYMPTOMS

 LUNG Shortness of breath, wheezing, repetitive cough	 HEART Pale or bluish skin, faintness, weak pulse, dizziness	 THROAT Tight or hoarse throat, trouble breathing or swallowing	 MOUTH Significant swelling of the tongue or lips
 SKIN Many hives over body, widespread redness	 GUT Repetitive vomiting, severe diarrhea	 OTHER Feeling something bad is about to happen, anxiety, confusion	OR A COMBINATION of symptoms from different body areas

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- INJECT EPINEPHRINE IMMEDIATELY.**
- Call 911.** Tell emergency dispatcher the person is having anaphylaxis and may need epinephrine when emergency responders arrive.
- Consider giving additional medications following epinephrine:
 - » Antihistamine
 - » Inhaler (bronchodilator) if wheezing
- Lay the person flat, raise legs and keep warm. If breathing is difficult or they are vomiting, let them sit up or lie on their side.
- If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last dose.
- Alert emergency contacts.
- Transport patient to ER, even if symptoms resolve. Patient should remain in ER for at least 4 hours because symptoms may return

MILD SYMPTOMS

 NOSE Itchy or runny nose, sneezing	 MOUTH Itchy mouth	 SKIN A few hives, mild itch	 GUT Mild nausea or discomfort
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FOR **MILD SYMPTOMS** FROM **MORE THAN ONE BODY SYSTEM**, GIVE EPINEPHRINE.

FOR **MILD SYMPTOMS** FROM A **SINGLE BODY SYSTEM** (E.G. SKIN, GI, ETC.), FOLLOW THE DIRECTIONS BELOW:

- Antihistamines may be given, if ordered by a healthcare provider.
- Stay with the person; alert emergency contacts.
- Watch closely for changes. If symptoms worsen, give epinephrine.

Place
Child's
Picture
Here

Medication/Doses

Epinephrine Brand or Generic: _____
 Epinephrine Dose: 0.1mg IM 0.15mg IM 0.3mg IM
 Antihistamine Brand or Generic: _____
 Antihistamine Dose: _____
 Other (e.g. inhaler-bronchodilator if wheezing): _____

EMERGENCY CONTACTS – CALL 911		OTHER EMERGENCY CONTACTS	
Doctor: _____	Phone: _____	Name/relationship: _____	Phone: _____
Guardian: _____	Phone: _____	Name/relationship: _____	Phone: _____
Guardian: _____	Phone: _____	Name/relationship: _____	Phone: _____

Epinephrine first, then Call 911. Monitor the patient and call their emergency contacts right away.

Guardian Signature

Date

Physician Signature

Date